

Patient Instructions for Agile Patency Capsule Endoscopy

Name: _____

DOB: ____/____/____

Your appointment is scheduled for: ____/____/____

Time: ____:____ AM/PM

Your doctor has recommended a Patency Test using the Agile Patency capsule to check if your digestive (GI) tract is clear and open.

- This test involves swallowing a small capsule that dissolves on its own.
- If the capsule passes through your body before dissolving, it means your GI tract is open enough for a video capsule to pass safely in the future.

How the Capsule Works:

- The capsule has a small RFID tag (like an ID chip) that can be seen on an X-ray.
- It begins to dissolve after about 30 hours.
- If the capsule is no longer seen on X-ray, that means it has passed, and your GI tract is clear.
- It's also normal for some people to keep the capsule for more than 30 hours.

If the Capsule Doesn't Pass:

- If the capsule stays in your body for too long, it will break into small pieces that can still pass naturally.
- But if there is a narrowing in your small intestine, the capsule could get stuck, possibly causing a blockage.
- In that case, you may need to be admitted to the hospital, and in rare cases, surgery may be needed to remove it.

This test lasts for 30 hours. Please follow any specific instructions given by your doctor.

During the week BEFORE your Patency Test utilizing the Agile Patency Capsule

- Keep track of how often you have a bowel movement each day. Do you go once a day? Twice a day? Three or more times a day?
- Write it down and share this with your doctor.
- Make a list of all the medications you are currently taking and bring it with you to your appointment.

The Day BEFORE the Agile Patency Capsule Procedure

- For lunch and dinner, follow a liquid diet only.
- You can have: broth, clear juice, Jell-O, soda, popsicles, and similar clear liquids.
- Starting at 8:00 PM, begin a full fast—no food or drinks for 12 hours before the test.
- You may still take your regular medications, but only with 3 small sips of water.

Special Instructions:

- Do not take narcotics or any medications that slow down digestion.

- Do not stop taking blood thinners like Plavix, Coumadin, Aspirin, Advil, Aleve, Ibuprofen, or Motrin.

Day of the PillCam Agile Patency Capsule Procedure

1. You will be checked-in and asked to give your informed consent, and an appointment for an X-ray will be made to check capsule presence.
2. You may take your medicine with a small sip of water.

After swallowing the PillCam Agile Patency Capsule

1. You may drink clear liquids - 2 hours after swallowing the capsule (broth, clear juice, Jell-O, soda, popsicles, etc.)
2. You may have a light snack - 4 hours after swallowing the capsule (sandwich, pancakes, eggs, etc.)
3. 8 hours after ingesting the capsule, you may continue with your normal diet.

Special Instructions:

1. 24 hours after swallowing the capsule, go to Radiology on the Ground Floor with your test form (requisition) to get an abdominal X-ray.
2. If you develop unexplained nausea, abdominal pain, or vomiting, contact the office.

Your X-Ray Appointment is scheduled for: ____/____/____ at ____:____AM/PM

**Please arrive at the Radiology Department on the Ground Floor (Entrance 2) by:
____:____PM**

If you have any questions, please call us at 773-631-2728.