
Scheduled for: Date ____/____/____

Time: _____AM/PM

Report to our office, room 209, a half hour before the procedure at: _____AM/PM

COLONOSCOPY (Golytely)

ONLY follow the instructions on this page, and not on product label.

On the day before the procedure: _____

- You may have **clear liquids only** today. **No solid foods.**
- Examples of clear liquids you can have: Coffee (no cream), Tea, Pop (soda), Water, Clear juices, Gatorade, Clear soup broth, Popsicles, Jell-O
- **Do not have any liquids that are red or purple in color.**
- **Do not have any milk or dairy products.**
- **You may drink these clear liquids until midnight.**

The day before your procedure:

- In the morning, mix the Golytely solution as instructed on the box from the pharmacy. Then, put it in the fridge to keep it cold.
- At 6:00 PM, start drinking the Golytely. (This is a prescription-only medicine.)
 - Drink one 8-ounce glass every 15 minutes until half the bottle is finished. This should take about 2 hours.
 - Refrigerate the remaining half for the next morning. Do not drink the rest until the morning of your procedure—unless your doctor tells you otherwise.

You may have clear liquids until midnight. After midnight, do not eat or drink, including medications.

Day of your procedure:

- Nothing to eat or drink the day of the procedure starting from midnight, including **any medications, gum, or candy.**
- The morning of the procedure, you will need to drink the second preparation.
- Start drinking the preparation 6 hours before your procedure starts. _____
- You will drink the preparation the same way you did the night before.
- The preparation **must** be completed at least **4 hours before your procedure.**

You will be given **IV anesthesia**, so **you cannot drive yourself home**. Make sure you have a **responsible adult (18 or older)** to go with you and take you home after the procedure.

Female patients who still get their period will need to give a **urine sample** before the procedure.

Please do not wear jewelry or nail polish/acrylic nails for your procedure(s).

It's your responsibility to call our office for your results. Results are usually ready 3 to 5 business days after your procedure. Your doctor will let you know whether you should call for results or schedule a follow-up visit. To get your results, please call (773) 631-2728.

Medications:

You can take your blood pressure and heart medications until 7:00 AM on the morning of your procedure. All other medications can be taken until midnight the night before your procedure.

Stop taking aspirin and aspirin products 5 days before your exam. If you are on blood thinners, follow the instructions in the handout we gave you.

If you take Coumadin/Warfarin or have liver disease (like Cirrhosis), you must get a bleeding profile blood test the day before your procedure.

If you have diabetes, do not take your diabetes medication the night before or the morning of the test. If you use insulin, talk to your primary care doctor to adjust your dose.

On the morning of your test, check your blood sugar and write it here:
